

# **Introduction to Lasers and High Power Lasers**



**Claes-Göran Wahlström**

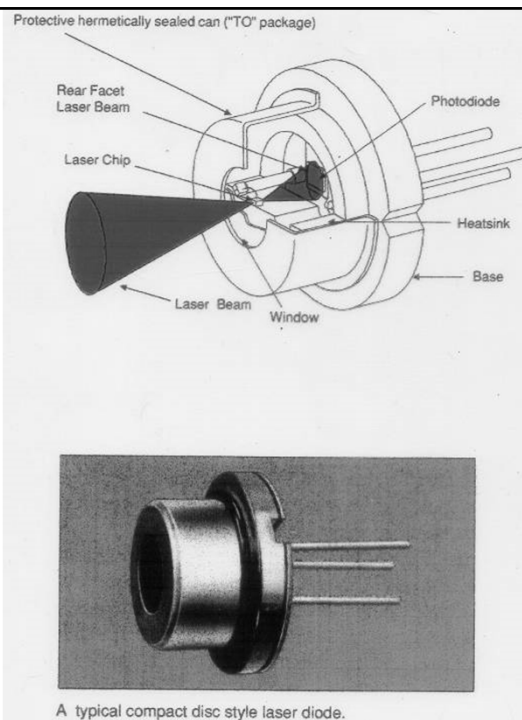
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and  
Lund Laser Centre  
SWEDEN



## **Outline**

- **Laser basics and Applications**
- **Oscillators, Amplifiers, CPA**
- **Contrast, Gain narrowing, Thermal effects**
- **OPCPA**
- **Examples of high-power lasers, cost, size**

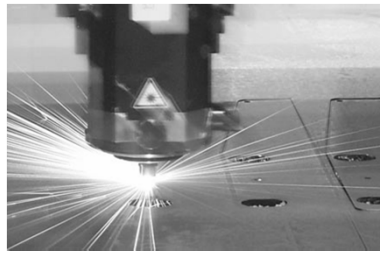
## **Lasers can be small**



## **Lasers can be large**



### **Lasers are used for Cutting and Welding**



### **Lasers are used in Medicine**



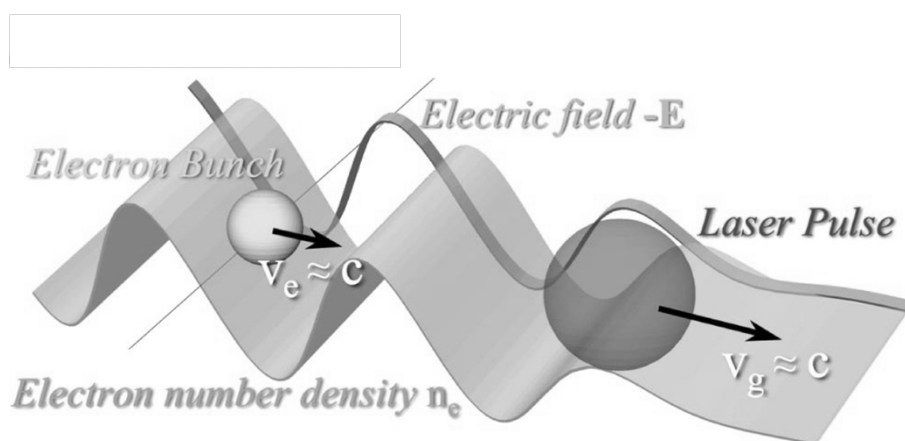
## Optical Storage CD-player, DVD-player, etc



## Fiberoptic Communication



## Lasers are used in Wakefield Accelerators



From Albert et al 2014 PPCF

# LASER

## Light Amplification by Stimulated Emission of Radiation

Einstein, 1916

Basov and Prokhorov, 1953

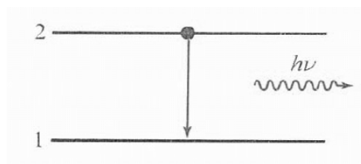
Schawlow and Townes, 1958

Maiman, 1960

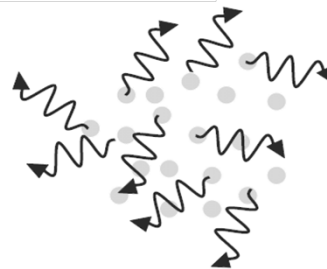


1964

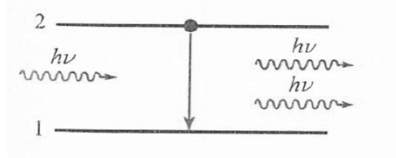
### Spontaneous emission



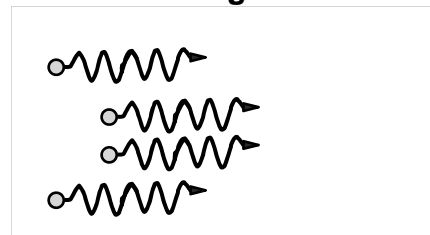
### Incoherent light

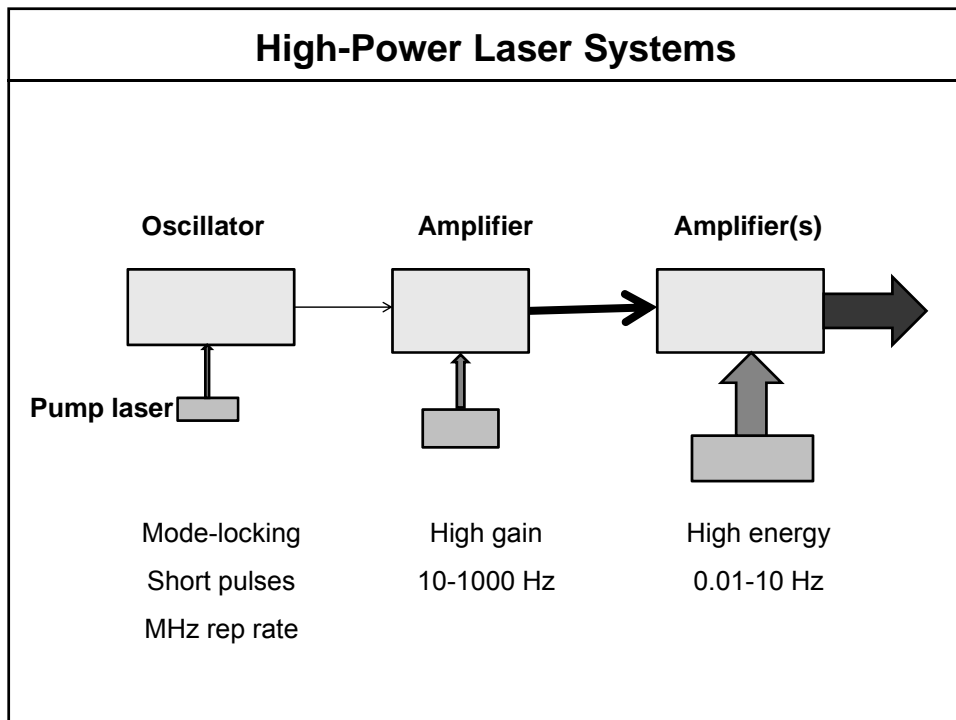
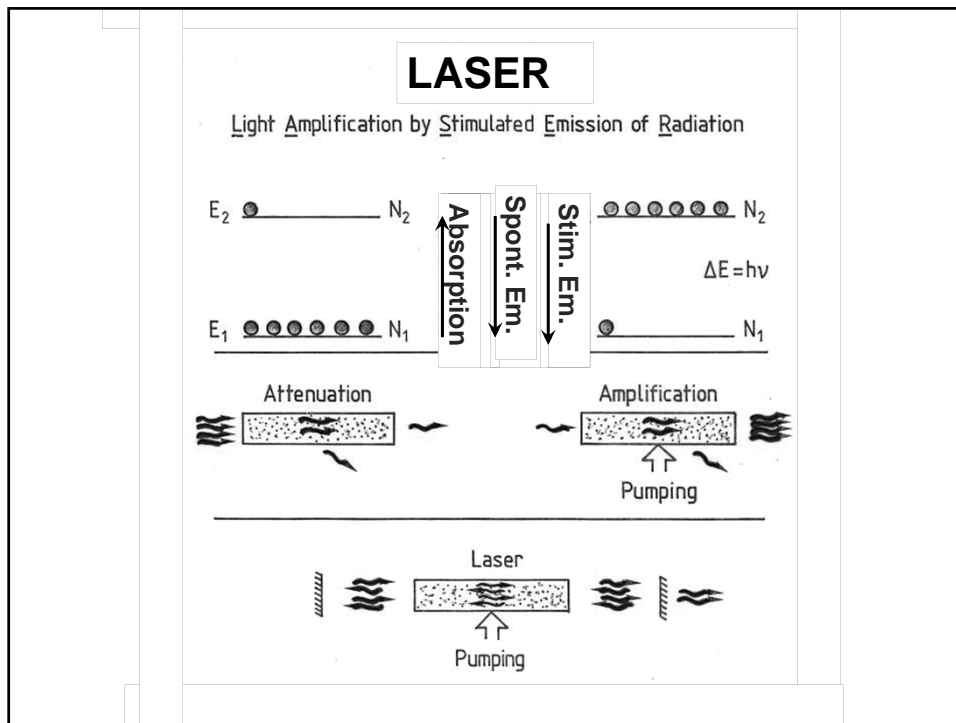


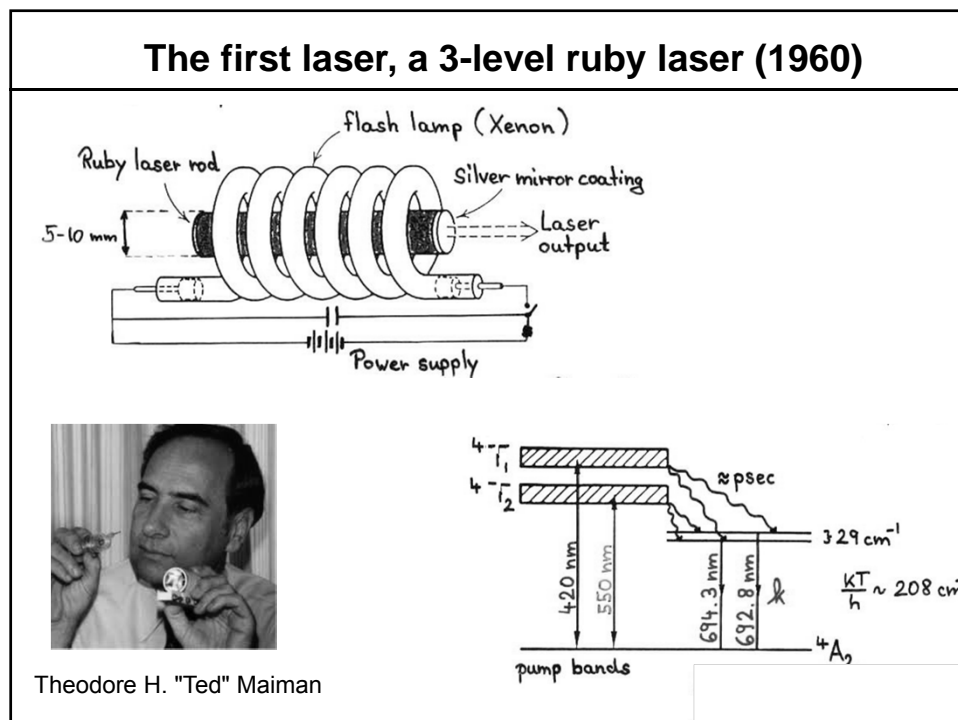
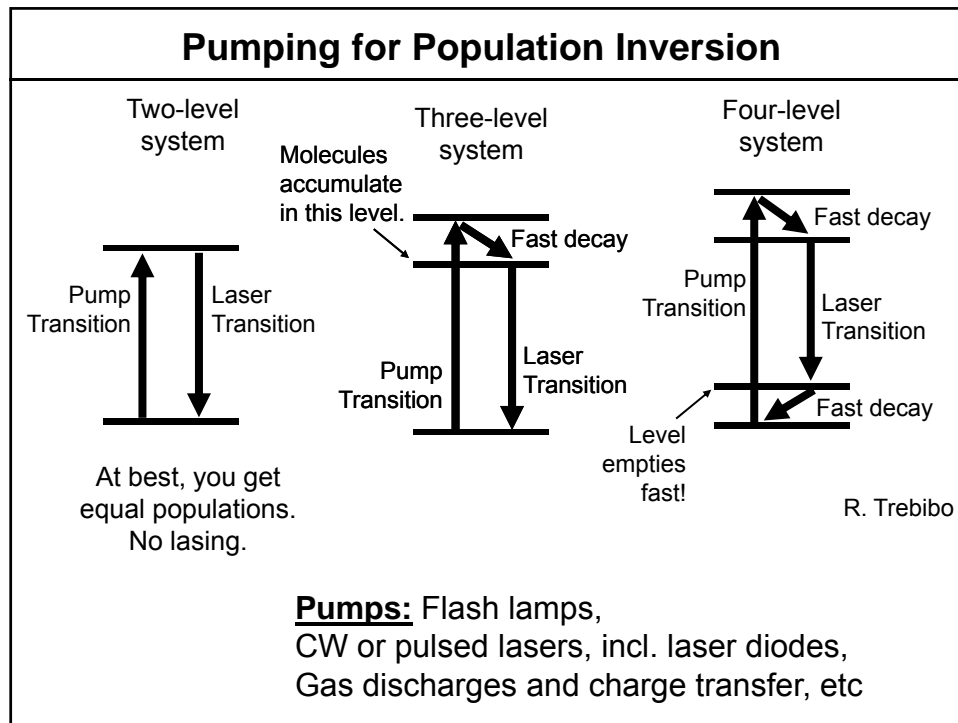
### Stimulated emission



### Coherent light







## High-power lasers

$$P = \frac{E}{\tau}$$

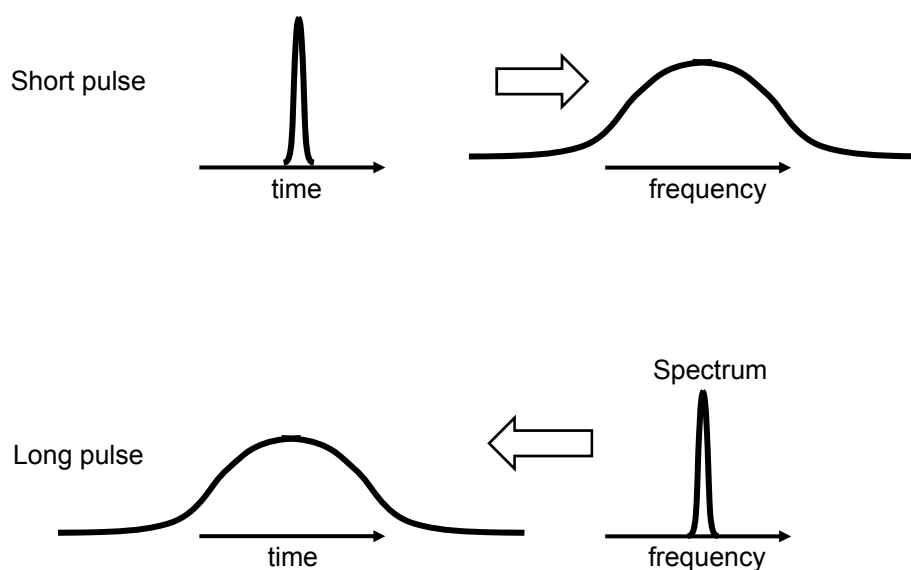
**Two approaches:**

<b>ICF:</b>	$\tau \sim 1 \text{ ns},$	$E \sim 100 \text{ kJ}$	<b>100 TW</b>	<b>Few shots/day</b>
<b>T<sup>3</sup>:</b>	$\tau \sim 10\text{'s fs}$	$E \sim 1 \text{ J}$	<b>100 TW</b>	<b>10 Hz</b>

**Use short pulses to get high power!**

**Short pulses also good to drive plasma waves resonantly!**

## Pulses of Light





## Short-Pulse Solid State Lasers

	$\tau_{\text{pulse}} \approx 1/\Delta\nu$	$\lambda_{\text{lasing}}$	$\tau_{\text{upper}}$
<b>Nd:YAG</b>	<b>~10 ps</b>	<b>1064 nm</b>	<b>230 <math>\mu\text{s}</math></b>
<b>Nd:Glass</b>	<b>~0.5 ps</b>	<b>1054 nm</b>	<b>300 <math>\mu\text{s}</math></b>
<b>Yb:Glass</b>	<b>~100 fs</b>	<b>1035 nm</b>	<b>1.4 ms</b>
<b>Ti:Sapphire (Ti:Al<sub>2</sub>O<sub>3</sub>)</b>	<b>&lt;5 fs</b>	<b>700-1000 nm</b>	<b>3.2 <math>\mu\text{s}</math></b>

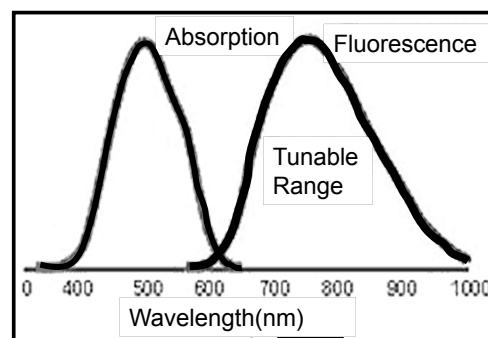
## Titanium Sapphire Ti:Al<sub>2</sub>O<sub>3</sub>

Upper level lifetime:  
3.2  $\mu\text{sec}$

Laser pumping  
required

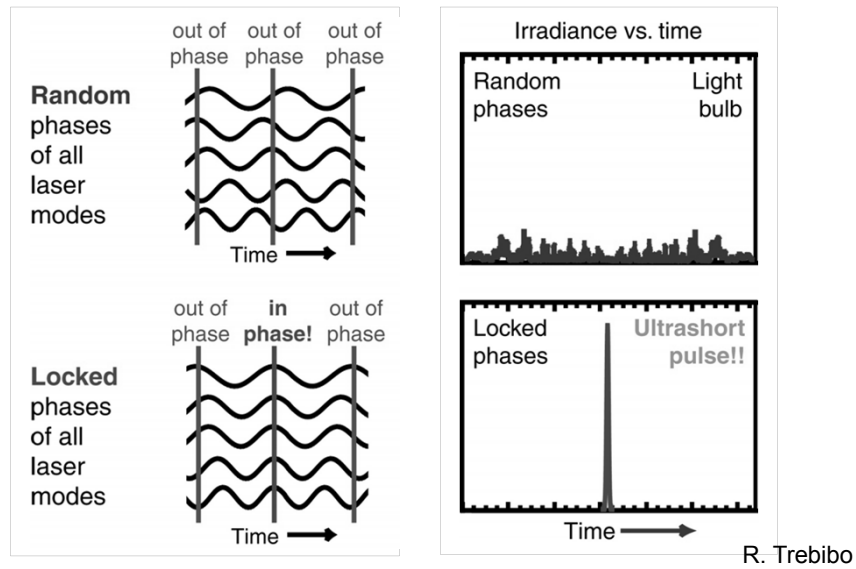
It can be pumped  
with a frequency  
doubled Nd laser  
(~532 nm).

Absorption and emission  
spectra

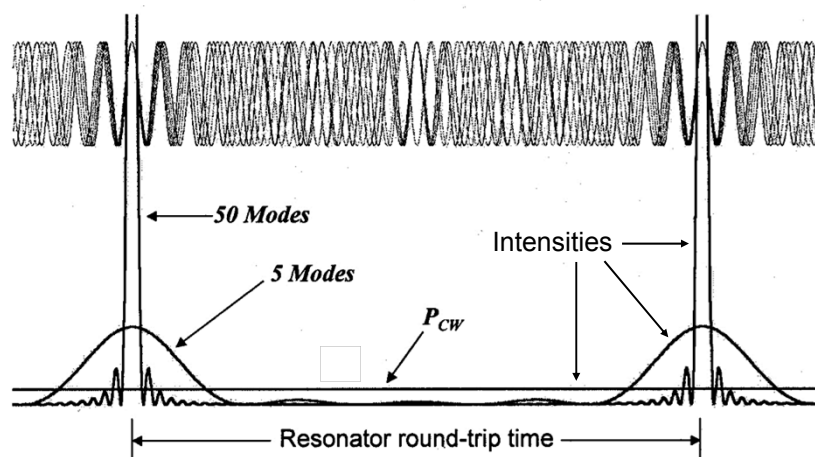


Ti:Sapphire lases from  
~700 nm to ~1000 nm.

## Generating ultrashort pulses = mode-locking

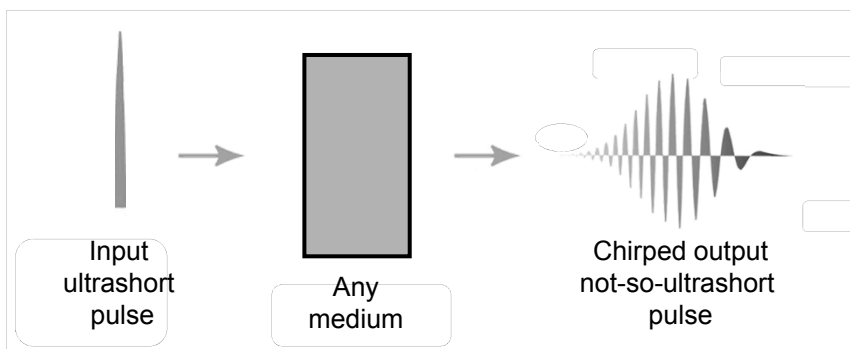


## Phase-locked modes



## Group velocity dispersion (GVD) broadens ultrashort laser pulses

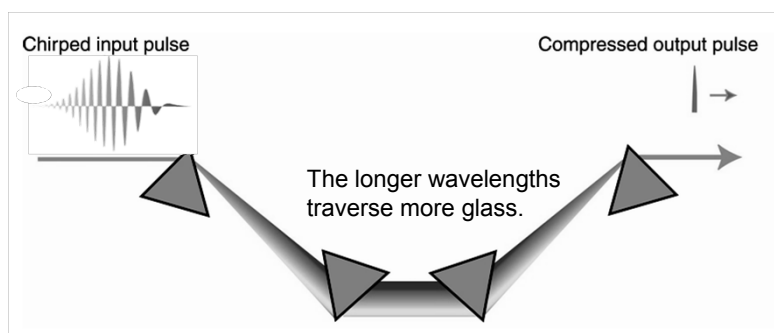
Different frequencies travel at different velocities in materials, causing pulses to expand to highly "chirped" (frequency-swept) pulses.



Longer wavelengths almost always travel faster than shorter ones.

R. Trebibo

## Prism Pulse Compressor



R. Trebibo

## High-power and high-intensity lasers

$$P = \frac{E}{\tau}$$

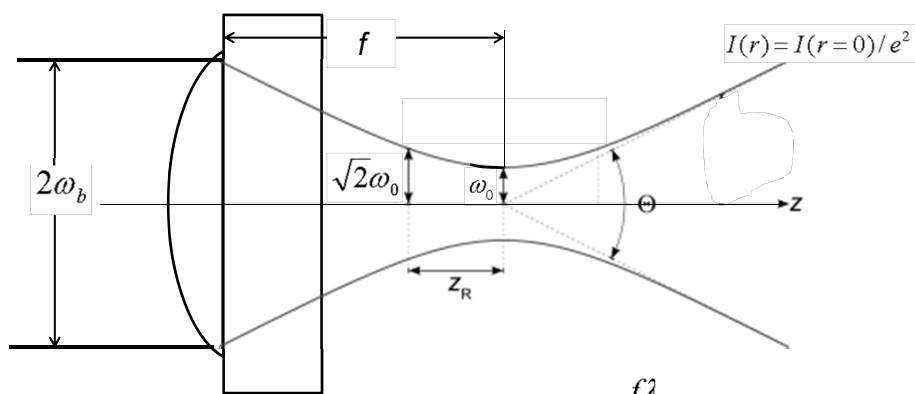
Two approaches:

ICF:	$\tau \sim 1 \text{ ns,}$	$E \sim 100 \text{ kJ}$	100 TW	Few shots/day
T <sup>3</sup> :	$\tau \sim 10\text{'s fs}$	$E \sim 1 \text{ J}$	100 TW	10 Hz

$$I = \frac{P}{A}$$

*focus diameter*  $\sim 10 \mu\text{m}$      $I \sim 10^{20} \text{ W/cm}^2$

## Laser focus



Beam waist radius

$$\omega_0 = \frac{f\lambda}{\pi\omega_b}$$

Rayleigh range

$$Z_R = \frac{\pi\omega_0^2}{\lambda}$$

Spot size

## Nonlinear Refractive Index

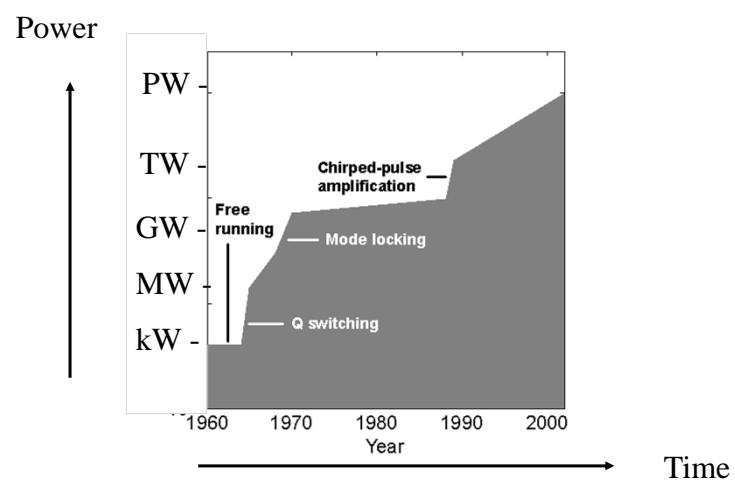
$$n = n_0 + n_2 I$$

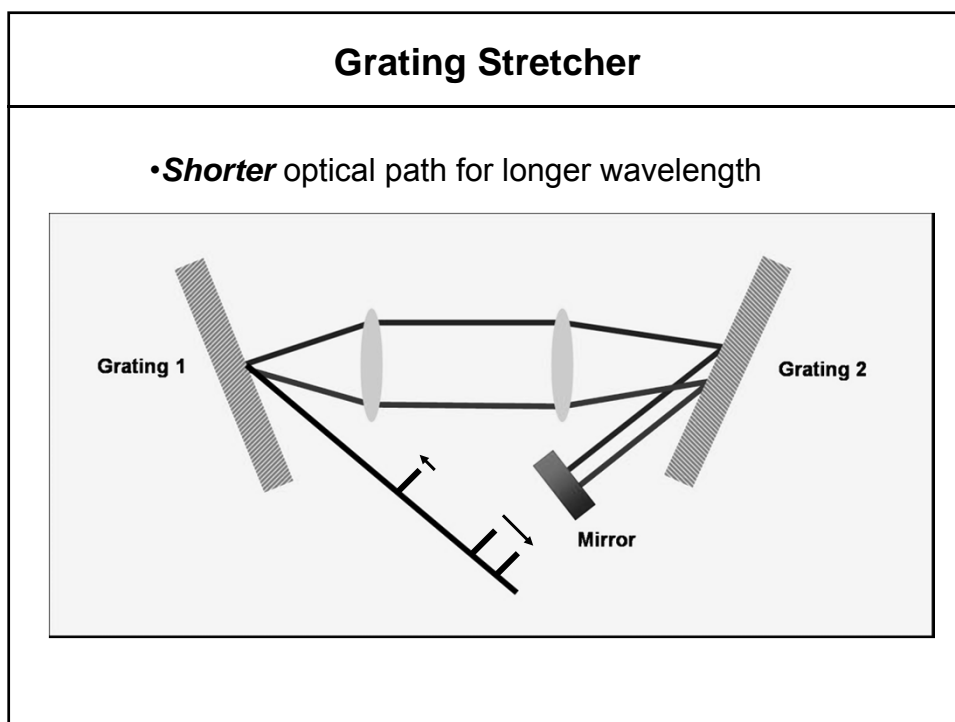
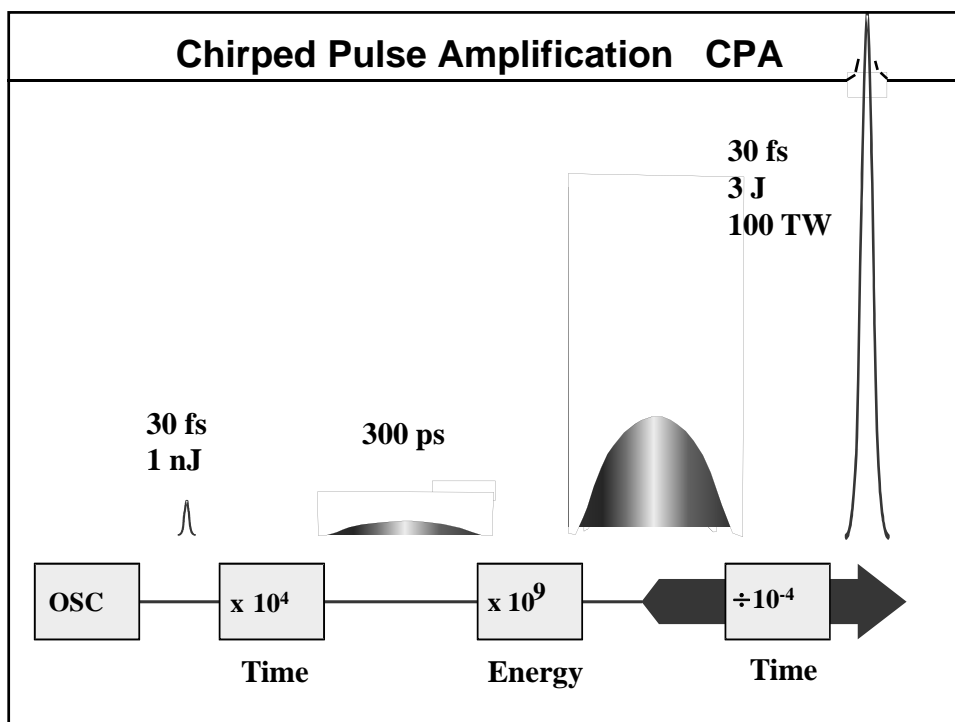
$$I = I(r, t) \Rightarrow n = n(r, t)$$

$n(t) \Rightarrow$  Self Phase Modulation, SPM

$n(r) \Rightarrow$  Self Focusing  $\Rightarrow$  DAMAGE

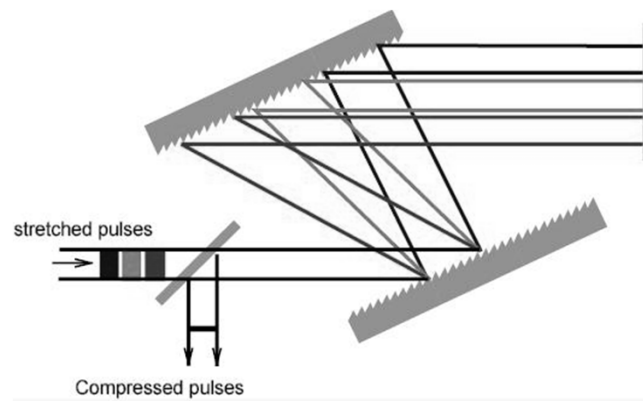
## Laser Power Development



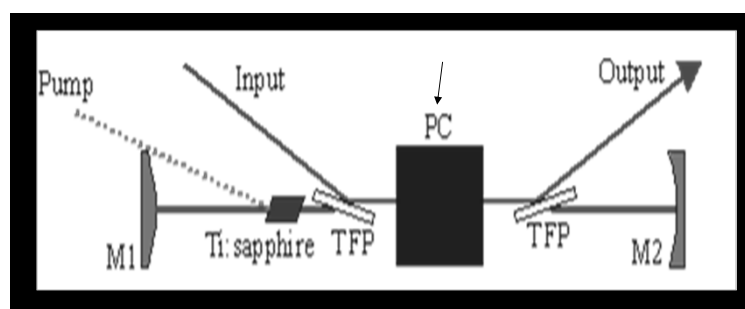


## Pulse Compression by Gratings

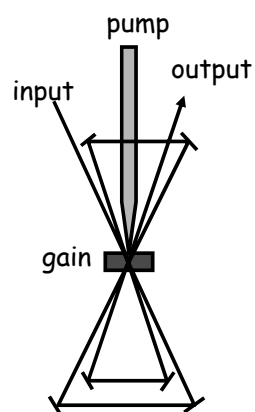
- **Longer** optical path for longer wavelength



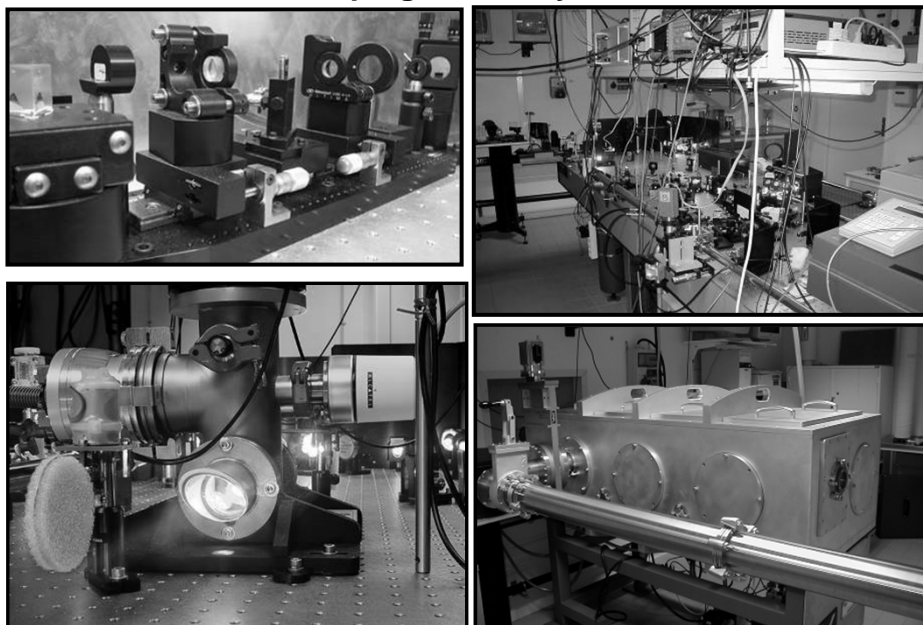
## Regenerative Amplifiers



## Multipass Amplifiers



**Lund 40 TW, 35 fs, 10 Hz, CPA Terawatt Laser**  
wall-plug efficiency <1%



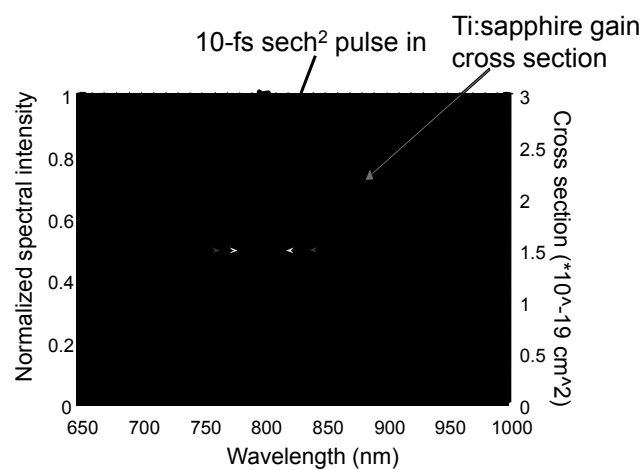


## CPA works well!

**But there are some issues to pay attention to:**

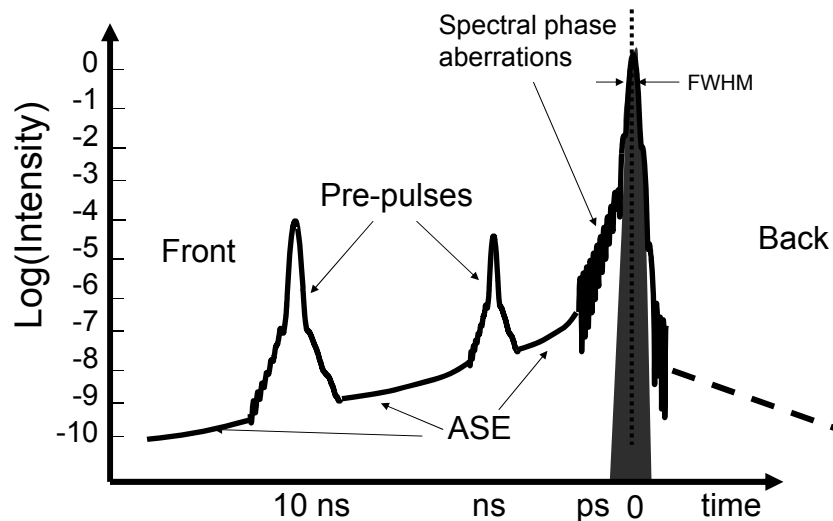
- Gain Narrowing
- Temporal contrast
- Thermal aberrations

### Gain Narrowing (Ti:Sapp)



**Factor of 2 loss in bandwidth for  $10^7$  gain**  
**10 fs oscillator is OK, but sub 30 fs at TW level is tough**

### Temporal Contrast of Amplified Pulses



### Contrast Improvement Methods

**One or several fast Pockels cells to suppress prepulses**

**Reduced amplifier gain to minimize ASE**

**High pulse energy oscillator**

**Preamplifier + nonlinear pulse cleaning before stretching**

**Double-CPA system with nonlinear pulse cleaning**

**OPA**

## Thermal Effects in Amplifiers

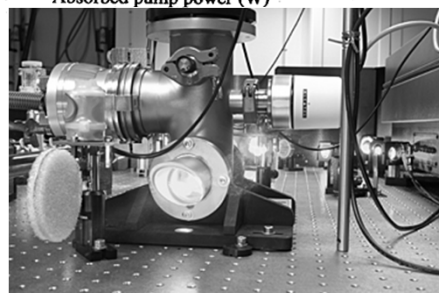
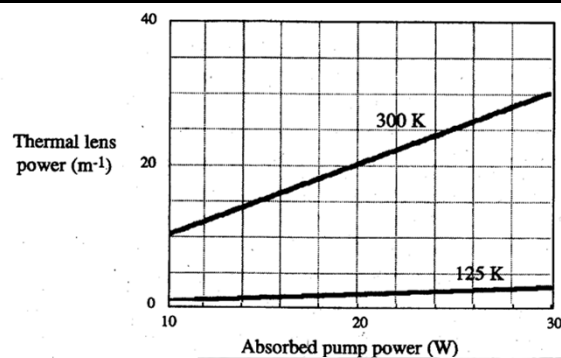
Heat deposition causes lensing and small-scale self-focusing. These thermal aberrations increase the focus spot size and reduce the intensity

$$I_{\text{peak}} = \frac{E}{A \tau}$$

## Low Temperature Minimizes Lensing

In sapphire, conductivity increases and  $dn/dT$  decreases as  $T$  decreases.

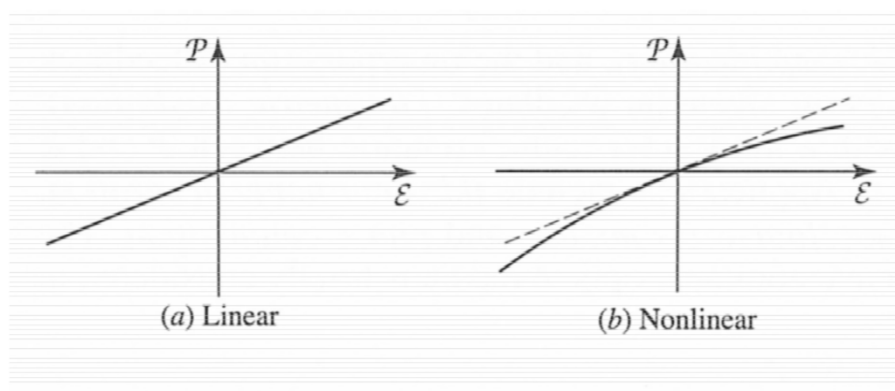
Cryogenic cooling results in almost no thermal lensing



# OPCPA

Chirped Pulse Amplification  
+  
Optical Parametric Amplification

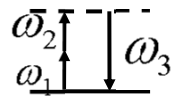
## Basic Nonlinear Optics



$$\mathcal{P} = \boxed{\epsilon_o \chi \mathcal{E}} + 2\mathcal{d}\mathcal{E}^2 + 4\chi^{(3)}\mathcal{E}^3 + \dots$$

### Wave Mixing

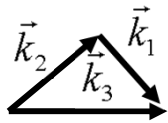
$$\mathcal{P} = \epsilon_o \chi \mathcal{E} + \boxed{2d\mathcal{E}^2} + 4\chi^{(3)}\mathcal{E}^3 + \dots$$



$$\omega_1 + \omega_2 = \omega_3$$

**Frequency Matching**

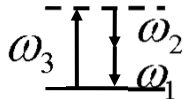
**Conservation of energy**



$$\vec{k}_1 + \vec{k}_2 = \vec{k}_3$$

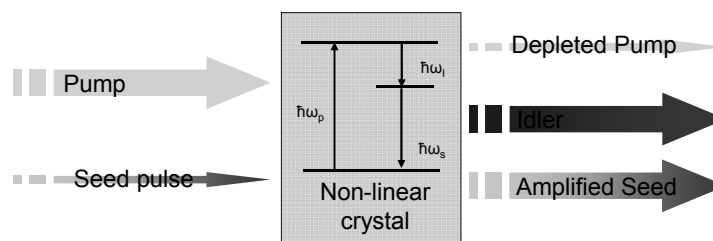
**Phase Matching**

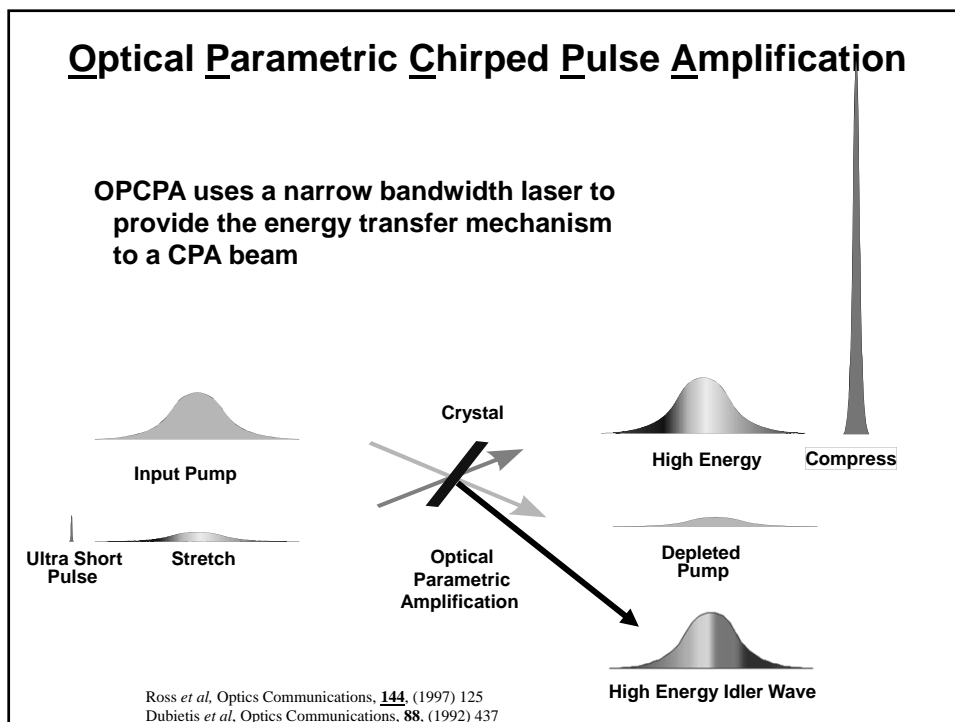
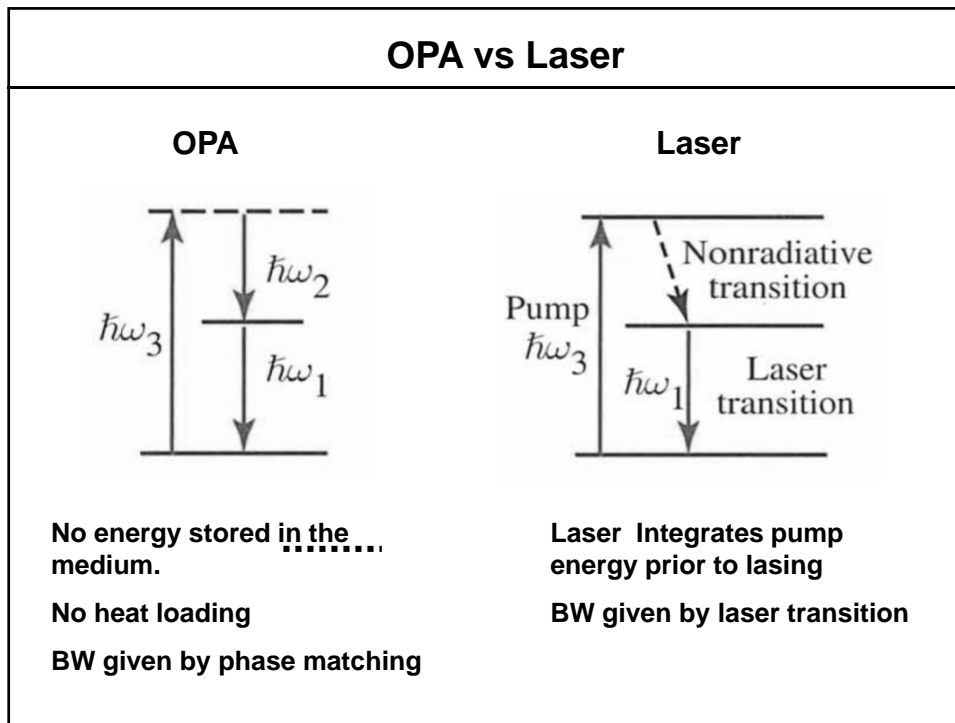
**Conservation of momentum**



.....

### Optical Parametric Amplification OPA





### **OPCPA “Magic List” of Properties**

- **Very High Gains (eg  $10^{12}$ ) - Little Material (cm's)**
- **Ultra Broad Bandwidth, No gain narrowing, Short pulses**
- **High Energy - pump limited**
- **No Thermal Loading and Excellent Beam Quality**
- **High Efficiency**
- **Good Contrast (shorter ASE duration)**
- **Directional Gain – no transverse ASE**

### **Disadvantages...**

- **Non-storage gain medium**
- **High efficiency only if pump duration less than few ns**
- **Accurate synchronization to pump pulse required**
- **Careful control of pump shape required for maximum bandwidth and efficiency**
- **Critical Phase Matching**

## A few examples of “compact” high-power lasers suitable for LWFA



1 PW: DRACO in Dresden, Germany and  
VEGA in Salamanca, Spain  
~25 J in 25 fs, at 1 Hz (soon!)






1 PW: BELLA, in Berkeley, USA  
40 J in 40 fs @ 1 Hz

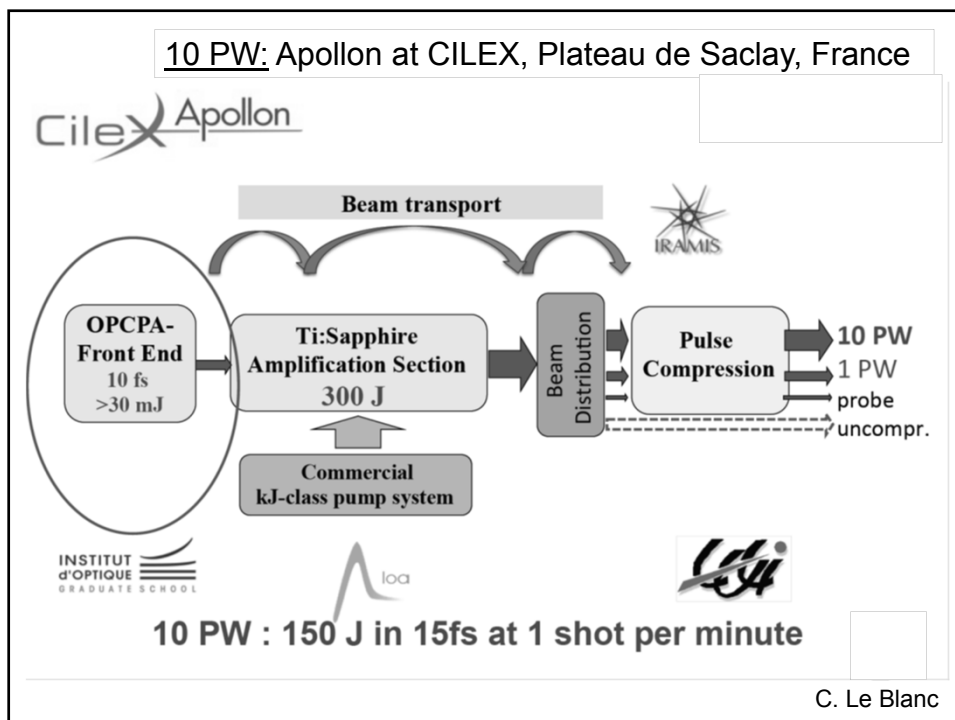


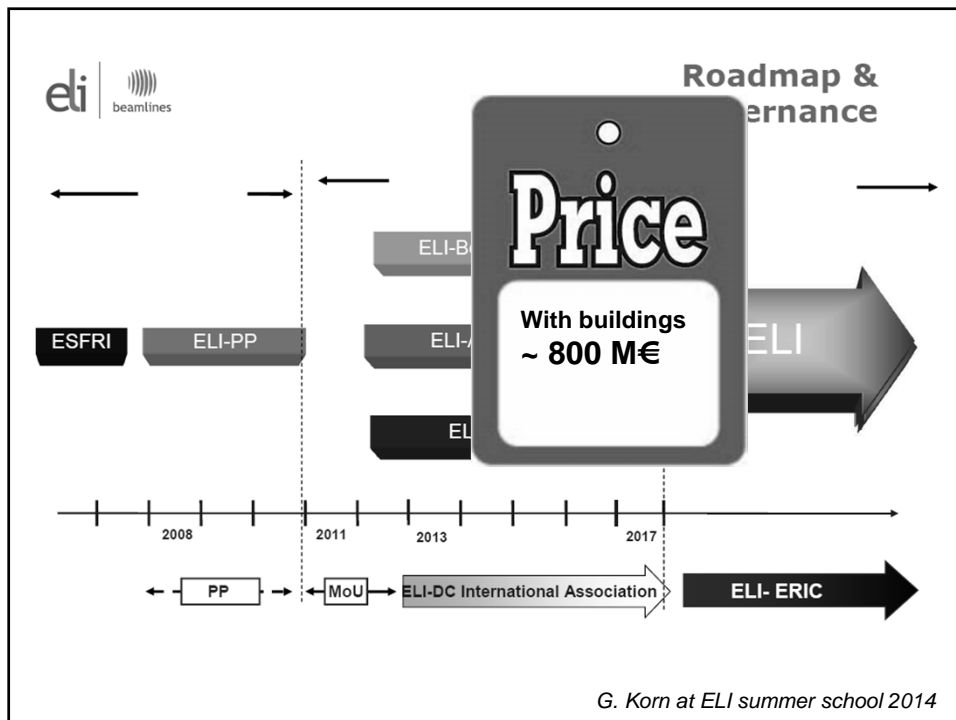
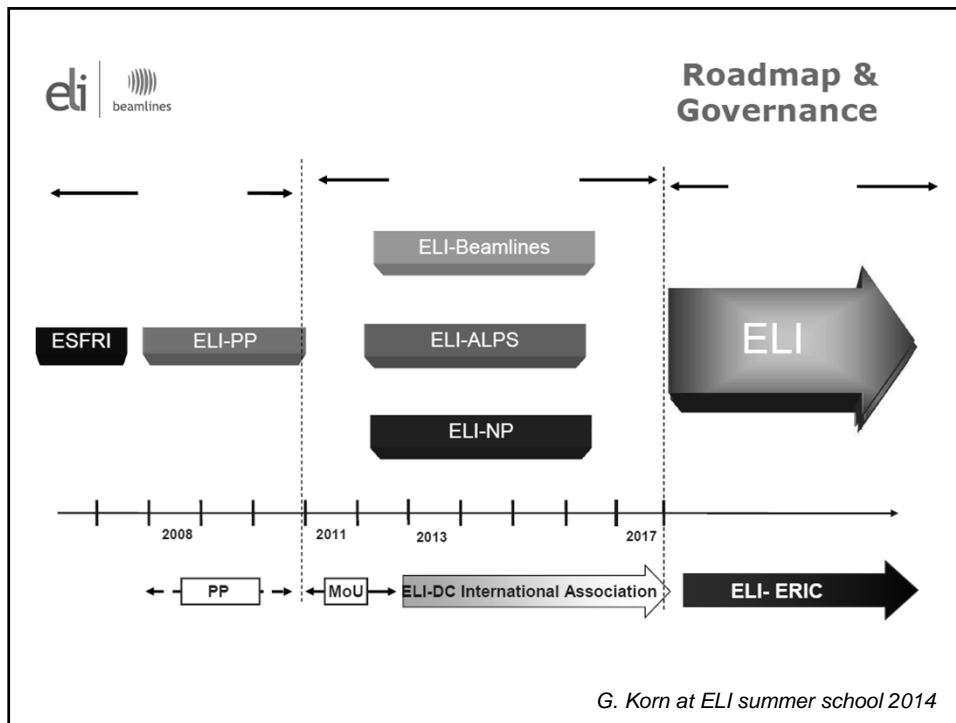
**THALES**

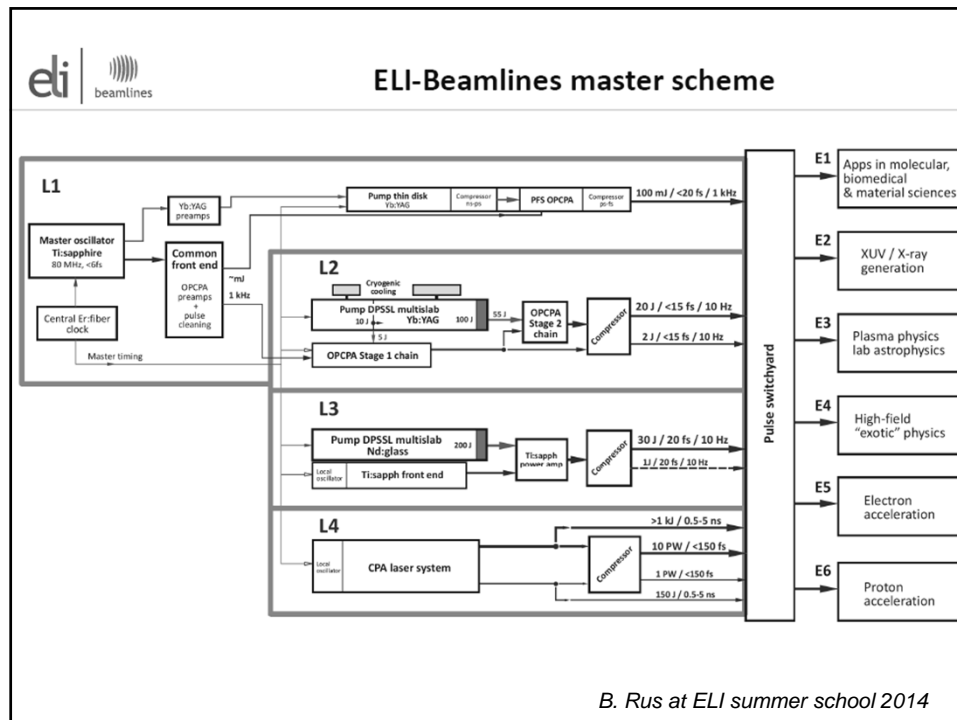




Building etc more expensive







**Thank you for your attention!**



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